



**Miracle League Football Camp**  
**In partnership with Upper St. Clair Football Camps LLC**  
**July 14, 2022**

9:00 am - Check-in for all athletes

9:30 am - Welcome and Introductions

9:35 am - Introduction of Players

9:40am – 10:40am - Football Stations - 7 minute stations (timer to show on scoreboard)

- **Station 1 - The Quarterback**
- **Station 2 - The Running Back**
- **Station 3 - The Linebacker**
- **Station 4 - The Kicker**
- **Station 5 - The X Factor**
- **Station 6 - The Obstacle Course**
- **Station 7 - The Wide Receiver**
- **Station 8 - The Defender**

9:40 am – 10:40 am - Cheer and Dance Stations

- **Stations 1 through 5 - Learning Cheers and Dances**

10:40-10:50 am – Football Showcase

10:50-11:00 am – Cheerleaders Showcase

Immediately following the showcases – Large Group Photo

- Parents are invited onto the field at this time to take a picture!

11:00 am - Camp ends